



RACE PROGRAMME

THURSDAY 4th April 2019

Sun Boardwalk – Level 1 Parking area.

REGISTRATION:	09:00 - 18:00
EXPO / IRONMAN MERCHANDISE:	09:00 - 18:00
BIKE WORKSHOP:	09:00 - 18:00 (Marine Drive entrance – Sun Boardwalk grass area)

FRIDAY 5th April 2019

Sun Boardwalk – Level 1 Parking area.

REGISTRATION:	09:00 - 20:00
EXPO / IRONMAN MERCHANDISE:	09:00 - 18:00
BIKE WORKSHOP:	09:00 - 18:00 (Marine Drive entrance – Sun Boardwalk grass area)

SATURDAY 6th April 2019

BIKE CHECK- IN:	06:00 – 07:30 (Transition area, Hobie Car Park)
BIKE ASSISTANCE:	06:00 – 07:30 (Triangle Sports, outside Transition)
RACE BRIEFING (COMPULSORY) for all	07:30 – 07:45 (on Hobie Beach, next to the pier)
Swimmers must move to swim start holding area via the slipway only : Timing Chip activation.	
RACE START FOR WAVE 1	07:50 (access via slipway to holding area)
RACE START FOR WAVE 2	08:05 (access via slipway to holding area)
RACE START FOR WAVE 3	08:15 (access via slipway to holding area)
RACE START FOR WAVE 4	08:20 (access via slipway to holding area)
BIKE COURSE CLOSES	10:00
BIKE CHECK-OUT STARTS	10:15 (or on announcement)
RUN RACE COURSE CLOSES	11:00
BIKE CHECK-OUT CLOSES	11:30
AWARDS CEREMONY	11:15 (Public Deck – Race Village, Hobie Beach)